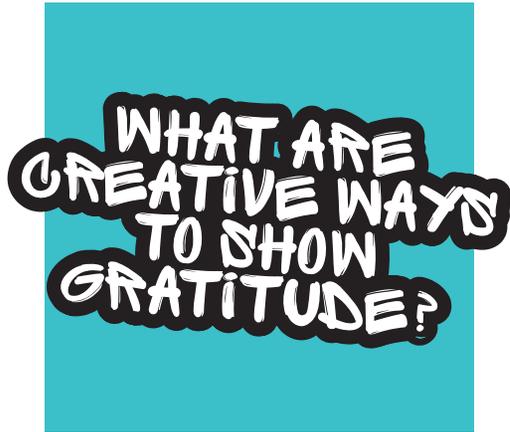
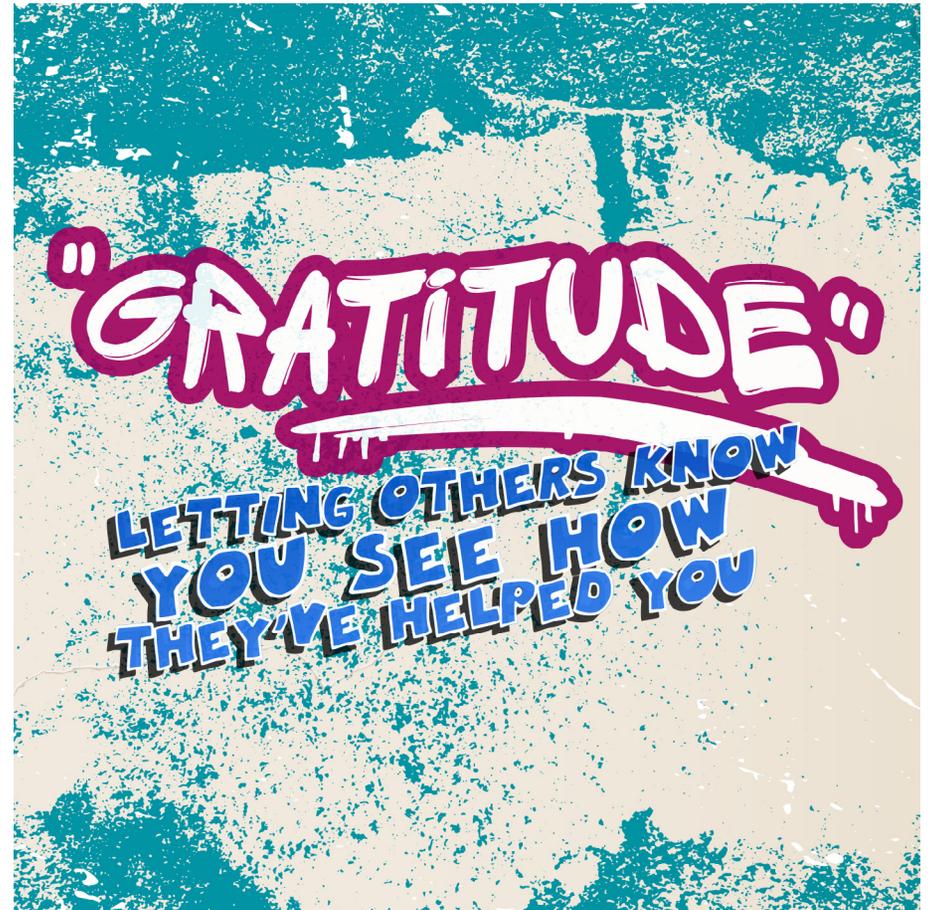


Spend some time thinking about the question below and journal your thoughts or share them with a parent.



Horizontal lines for journaling.



Day 1

Go to [Studio252.tv](http://Studio252.tv) and watch this week's episode of The So & So Show.

Click on Fun2Watch! then The So & So Show.

Even if you already saw it at church, feel free to check it out again!

SO & SO TOP 3

After watching, write one thing that:

1. You liked: \_\_\_\_\_

2. You learned: \_\_\_\_\_

3. You'd like to know: \_\_\_\_\_

## Day 2

### Read 2 Samuel 6:12-21

As you read 2 Samuel 6:12-21, circle all of the words and phrases that have to do with celebration and gratitude.

Look at the words you've underlined. You should see words like joy, danced, and leaping. Maybe you underlined the sentence about David giving away bread and raisin cakes. Even the part about David making sacrifices should be underlined! That might seem strange to us today, but during David's lifetime, people made sacrifices to God for several reasons, and one of them was to worship, praise, and thank God. We don't do those kinds of sacrifices today, but we can look for other creative ways to celebrate what God has done.

Go back and circle the words and phrases that are ways you might be able to celebrate God. Pick one today that you haven't done before and celebrate God in a creative way!



## Day 3

Sometimes you might pray sitting in a chair, standing in a circle with friends, or even kneeling by your bed. But you can pray anytime, anywhere, doing anything.

Today, take a few minutes to celebrate God for what He has done. Write 3-5 things here that God has done either in your life or the world around you.

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Thank God out loud for each thing you wrote down. After each thing you thank Him for, do something physical to celebrate. You can clap, jump up and down, raise your hands in the air, or even dab. You may feel a little silly, but remember it's just you and God, and David danced in front of a crowd!

## Day 4

Yesterday you showed gratitude to God by telling Him all the things you were thankful for that He has done.

Today, celebrate Him by telling others some of the things He has done.

Pick at least one of the ideas below to tell others some of the great things God has done!

- ➔ When you bless your meal as a family at dinner, thank God out loud for all the ways He has provided for your family.
- ➔ Tell a friend how thankful you are that God brought you into each other's lives.
- ➔ Write a poem or song or prayer of gratitude and share it with others.



## Day 5

This week you've thought a lot about ways you can show gratitude to God.

Create an acrostic poem to remind yourself of some of the ways you can show gratitude to God. You can use whatever word you'd like, such as celebrate, thankful, gratitude, etc. (Note: the poem doesn't have to use the first letter of each line; see the examples below.)

**C**  
**E**  
TeLL others what God has done  
**E**  
**B**  
WoRship  
**A**  
**T**  
BlESS food at meals

Hang your poem somewhere you will see it every day, and pick one creative way to show gratitude to God!