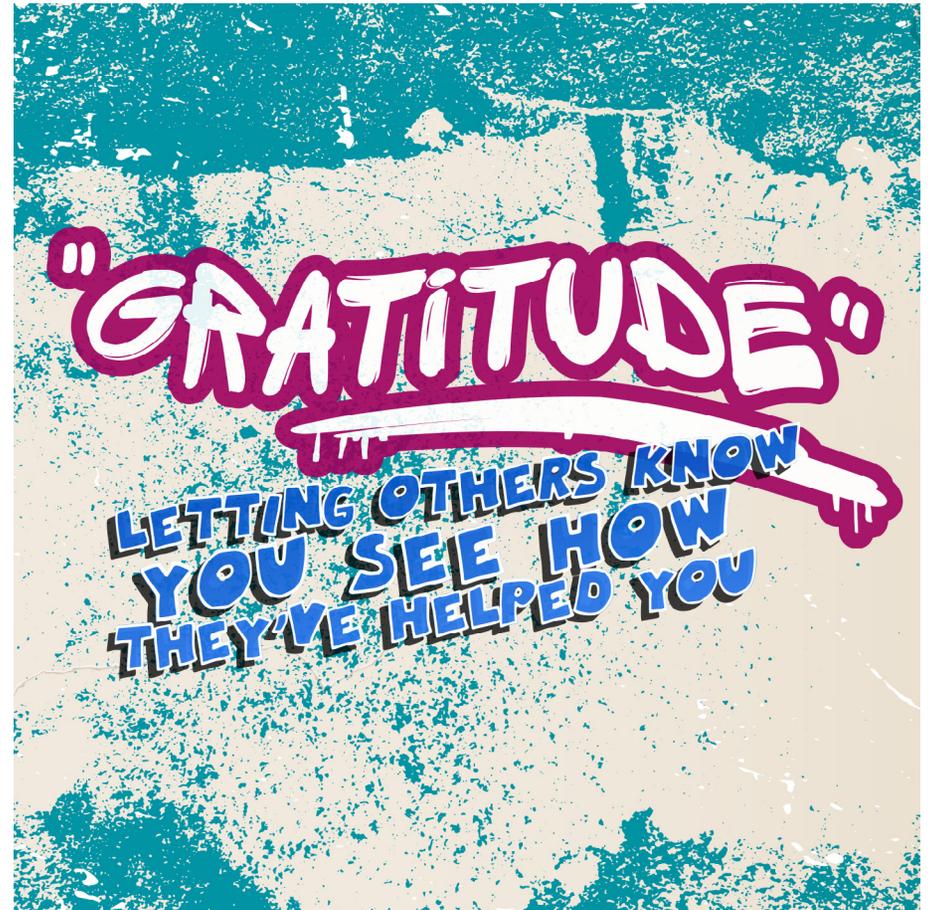


Spend some time thinking about the question below and journal your thoughts or share them with a parent.



Horizontal lines for journaling.



Day 1

Go to Studio252.tv and watch this week's episode of The So & So Show.

Click on Fun2Watch! then The So & So Show.

Even if you already saw it at church, feel free to check it out again!

SO & SO TOP 3

After watching, write one thing that:

1. You liked: \_\_\_\_\_

2. You learned: \_\_\_\_\_

3. You'd like to know: \_\_\_\_\_

## Day 2

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Read Luke 17:11-19

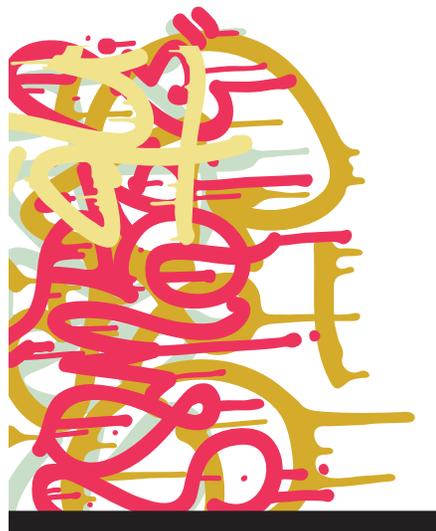
In Luke 17, Jesus heals 10 men who are very sick with a skin disease. This disease would have not only impacted their health, but their families, their jobs, everything in their lives. You would think that being instantly healed from such a terrible disease, their first instinct would have been to go back and thank the One who healed them.

But only one man did. One man out of 10.

In fact, this man took four steps to thank Jesus. Read verses 15 and 16 and write out the four things he did.

- 1.
- 2.
- 3.
- 4.

We can learn something really important from the one man's responses: Say thank you.



## Day 3

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**1 Thessalonians 5:18, the memory verse this month says:**

*Give thanks no matter what happens. God wants you to thank him because you believe in Christ Jesus. (NirV)* But back up a verse and read verse 17 too: "Never stop praying."

It's fitting that those two verses are right next to each other, because praying is one of the best ways we can give thanks! We can thank God in our prayers for the things He has done. We can thank God for others in our prayers. We can thank God simply for making us and loving us.

Pray a prayer of thankfulness now—thanking God for who He is and what He's done, and expressing thankfulness for the people He has put in your life. Try to have every sentence in your prayer to start out with the words, "Thank You." Even if you have specific needs to pray about, start out that sentence by thanking God. (Like, thank You, God, for giving me a loving grandma, and please heal her quickly.)

Never stop praying, and give thanks no matter what happens.

## Day 4

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On day two, you wrote out the four things the man did to thank Jesus for healing him.

It should have looked something like this:

1. He stopped what he was doing and came back to Jesus.
2. He praised God in a loud voice.
3. He threw himself at Jesus' feet.
4. He thanked Jesus.

If we interpret this for our lives, we need to:

1. Take the time to thank others.
2. Thank God for what He has done.
3. Humble ourselves to see what others have done for us.
4. Simply, thank others.

Today, set a timer for morning, afternoon and evening. When your timer goes off, stop what you are doing and thank God for something He has done. Then, think about what others have done for you as well, and before you resume whatever you were doing, take a minute to thank them. You can call them, write a thank you note or email, shoot a text . . . the method doesn't matter, but make sure you take time to thank God and others today!



## Day 5

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We don't know exactly why the other nine men didn't stop, go back and thank Jesus.

We assume they were overjoyed to be healed, and if you were to interview the men, they probably would say they were very thankful to Jesus. So why didn't they say it?

Most likely? They simply forgot. They were probably so anxious to get to the priest and be declared healthy and able to return to their families, their work, and their lives, that it just didn't occur to them to turn back and say thank you.

How many times do you think you are like the nine? During times like Thanksgiving, or Mother's or Father's Day, we might take time out to think about how thankful we are for the people in our lives, and the blessings God has given us. But during our daily lives, sometimes we simply are too busy and too caught up in our own plans and activities to take the time to say thank you.

Get a pen or marker and write these letters/numbers on each of your fingers.

B the 1.

Every time you look at your hand today, remember the goal to "be the one." The one who takes time to say thank you. The one who stops what you're doing to recognize what others have done for you. The one who remembers to show gratitude. Be the one.