# Bake Off: It's Worth The Wait



First, watch this week's video!

### Patience: Waiting until later for what you want now

#### Memory Verse

Wait for the Lord. Be strong and don't lose hope. Wait for the Lord. Psalm 27:14, NIrV

#### **Bible Story**

Golden Calf Exodus 32:1-35

### **Key Question**

What can you think about when it's hard to wait?

### Use this guide to help your family learn how God can help us to be patient.

## Activity

Waiting Well

### What You Need:

Several note cards and a writing utensil

### What You Do:

Sit down with your child. Ask them to name a few situations when it feels difficult for them to wait. Then, think of a few of your own. Write down each situation on its own note card. Try to come up with three to five cards for each of you.

Then, switch cards. Flip them over and write down one way to wait patiently in each situation. (You're suggesting solutions for your child, and they're suggesting solutions for you.)

Next, read aloud each situation and solution. Discuss one another's suggestions. Challenge your child to remember that they have a choice in how they wait. And remember, the same is true for you!

### Talk About the Bible Story

Out of all the situations we just talked about, which one is the most difficult for you to handle with patience?

Do you remember what the Israelites did when they were waiting on Moses? (*They whined and complained and grew hopeless.*)

What should the Israelites have been thinking about instead of complaining while they were waiting? (They should have remembered that God had promised to give them a new land; they should have trusted Moses to come back and lead them.)

When have you acted like the Israelites when you were waiting on something?

What are some things you believe, without a doubt, to be true about God?

What can you think about when it's hard to wait?

Ask your child, "When have you noticed me being impatient? In those times, how do you think I can remember what's true?"



### Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"Dear God, it's so good to know that we can trust in You and talk to You whenever we want to. When we start feeling impatient, please help us to turn our attitude around. Help us to remember what is true about You. Please give us what we need to follow You in the things we say and do. Amen."



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