

# Confidence means learning to see yourself the way God sees you.



Read Jeremiah 17:7

DAY  
1

## Hard Times, Tough People

Think of something you have done that was really hard and you nailed it when you didn't think you could. Did you know that God was right there to help you? Now, you get to use what you learned to help others. What is something you have learned that could help someone else? It could be riding a bike, reading, or drawing. Grab some paper to either draw a picture or write about something you could do for someone that could use your help!

**Know that God could use you to help others during their hard times.**

DAY  
2

## Praying Hard

Sometimes we can be so overwhelmed about what is going on around us that we don't know what to do! The best thing we can do is talk to someone who is always there: God! You can be confident that He will always be there to listen, no matter where you are. Let's take some time to talk to Him now.

**"Dear God, Thank You for always being there for me no matter what, where, or when. I know that I can always trust You. I am confident that You will always hear me and love me forever. Amen."**

DAY  
3

## Be Confident in the Word

Ask a parent to help you look up Jeremiah 17:7. Read it together a few times. Now, talk together about ways that you can trust God. Parents, talk to you kids about a time that you trusted God and He took care of you!

**Look for opportunities to put your trust in God when you can't do it alone!**

DAY  
4

## Confidence is . . .

Jesus came to Earth because God loves us so much that He sent His only Son to save us! We can be confident that we are loved! Who is someone that you could show God's love to this week? How can you show them that they are loved? Think through some ways that you could show someone close to you that you love them like Jesus does!

**Know that we can be confident of Jesus' love for us.**

*You can be confident  
because God loves you.*

